

PICKING EXERCISES

USING THE "REST" STROKE
VARIATIONS INCLUDE ALTERNATE/SWEEP

STANDARD TUNING

♩ = 120

A. PICKING STRAIGHT 8TH NOTES

E-GT

mf

1 2 3

TAB

1-2-3-4 1-2-3-4 1-2-3-4 1-2-3-4

ETC..

B. PICKING 8TH NOTE TRIPLETS

7 8 9

TAB

1-2-3 1-2-3 1-2-3 1-2-3 4-3-2 4-3-2 4-3-2 4-3-2

ETC..

C. COMBINATION PICKING TRIPLETS

PICKING VARIATION...

ETC..

10 11 12

TAB

1-2-3 1-2-3 1-2-3 1-2-3 4-3-2 4-3-2 4-3-2 4-3-2

ETC..