

## SUGGESTED PRACTICE SYSTEMS

Since the chord progressions in most songs will define more than one key area, it is important to recognize the relationships between these key areas. After a key area (or chord) has sounded, there are only six possible key shifts, each of which has been organized into a practice system whereby all scales, modes, and chord voicings you have encountered in this book (or elsewhere) may be practiced.

To use this method simply select a practice system, starting with the first letter named note shown in that system. Next, decide what you are going to practice. For example, to practice Dorian scales with practice system #1, transpose the five basic patterns and align them at C (C Dorian equals Bb Major). Then, following the practice system guide, play the Dorian mode starting on C. When finished, play C# Dorian, then D Dorian, then Eb Dorian and so on. At the end of the top line, drop to the second line and continue. In this way, you will have played the Dorian mode in all 12 keys through chromatic sequence.

### PRACTICE SYSTEM #1 (minor 2nds or chromatic)

ascending: C C# D Eb E F F# G Ab A Bb B

descending: C B Bb A Ab G Gb F E Eb D Db

### PRACTICE SYSTEM #2 (Major 2nds or whole steps)

ascending: C D E F# Ab Bb A B C# Eb F G

descending: C Bb Ab Gb E D Eb Db B A G F

### PRACTICE SYSTEM #3 (Minor 3rds)

ascending: C Eb F# A Ab B D F E G Bb C#

descending: C A Gb Eb E Db Bb G Ab F D B